



CUMBERLAND COUNTY HIKING MARATHON 2022 KIDS' ACTIVITY SHEET

NAME: _____



| | TRAIL | ACTIVITY | DATE COMPLETED |
|----|---|---|----------------|
| 1 | FG: Overlook Trail | Many trails have red emergency markers. If someone gets hurt, they can call 911 and get help right away by telling the emergency responders the trail name and number on the marker they just passed. How many are markers are there on this trail and what numbers do they have? | |
| 2 | FG: Library Trail | Almost all of the trails in Crossville, including Fairfield Glade, have red emergency markers in case hikers need to call 9-1-1 for help. Take a short rest at the bench ¼-mile along the main trail. What is the 9-1-1 marker number on this bench? | |
| 3 | FG: Seven Bridges | Soon after you pass the post with the red emergency 9-1-1 marker #59, look in the trees to your left. Can you spot a wooden box high on a tall pine tree? What do you think this box is for? | |
| 4 | FG: Red Loop | The Rotherham Trail part of this hike has “rock veins.” Look for the sign describing rock veins and then find one of the veins. What are these made of. How do they help maintain the trail? | |
| 5 | FG: Yellow Loop | Stop for a rest at the bench in The Canyon. Use your senses to describe what you hear, see, smell, and feel around you. PLEASE do not taste anything other than the snacks/drinks you brought with you! 😊 | |
| 6 | Soldier’s Beach Trail | When you get to the beach be sure to write your initials in the sand. Many trees on this trail have labels on them. How many kinds of trees did you find? What was the name of one? | |
| 7 | Lake Alice Trail | Because of the moist soil and decaying plant matter, there are lots of fungi (mushrooms) growing on this trail. Draw your favorite mushroom. | |
| 8 | Habitat Trail | On the way in along the main trail, stop on the small wooden bridge. To your left you will see a hemlock tree (a small evergreen with tiny needles). On the rest of your hike, make a tally of each hemlock tree you can see from the trail. | |
| 9 | Meditation Trail | List all the different color late-summer wildflowers you see. Try using a plant ID app on an adult’s phone to find the name of your favorite wildflower. | |
| 10 | CMSP: Pioneer short loop | There is a long staircase after the suspension bridge on this trail. How many steps did you climb? | |
| 11 | CT: Peavine East to 1 st bridge. | Colored blazes on trees help hikers follow the trail through the woods. What color are the blazes on this trail. How many blazes can you count on the trail? | |
| 12 | Maryetta trail | This trail is known as a “lollipop” trail. What do you think this means? | |
| 13 | Woodlawn Loop | This trail is a “figure eight” trail. Draw a large number 8, then use arrows to show the direction you hiked today. | |