

Cumberland County 10K Hiking Challenge Trail Descriptions



Welcome to the Cumberland County Hiking Marathon 10K Challenge. As you hike these trails you will enjoy paved trails with easy gradients. The purpose of this challenge is to provide an interesting set of trails that can be enjoyed by those who find the marathon trails just too difficult to negotiate. We hope this challenge takes you places that you would not normally go and that you have positive experiences along the way. We hope you enjoy hiking these trails but please stay on the trail when hiking and respect private property in residential communities. Carry plenty of water at all times, use bug-spray and watch your step – it is easy to twist an ankle. Pets are permitted on all trails but please pick up after your dog if it fouls the trail-bed.

Record your progress on the 10K Challenge Log Sheet and bring it to the Trails Festival.

List of 10K Challenge Trails

1. Centennial Park
2. CMSP Byrd Lake ADA Trail
3. Obed River Park
4. Fairfield Glade Paved Trail

1. Centennial Park

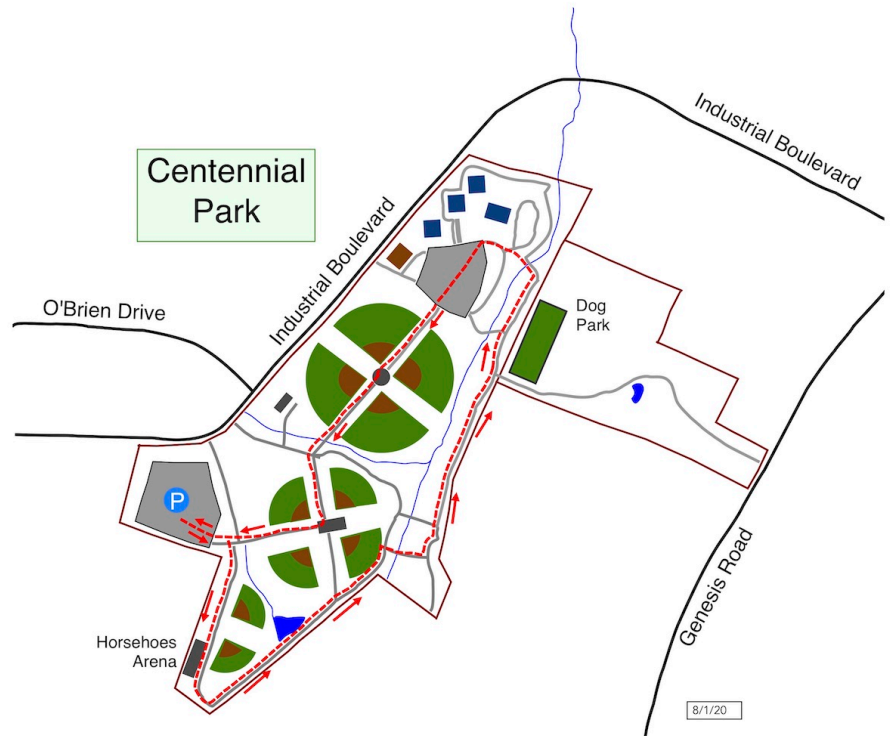
- **Distance:** 2.3 km/1.4 miles
- **Rating:** Easy
- **Trailhead GPS Coordinates:** 35.964752, -85.030894

Description

From the parking lot walk to the right, past the horseshoe pavilion and around the small ball fields. Follow the path as it loops around to the left. Turn right at first bridge, then left along path, past the dog park. Turn left over bridge, go to main path between the 4 ball fields. Continue to the middle of the next 4 ball fields, turn right, back to your car.

Driving Directions

From the Route 127, Main Street, stop lights, take Industrial Boulevard. Go through the four-way stop, past Tri-county Rentals and take the first entrance into Centennial Park.



2. CMSP Byrd Lake ADA Trail

- **Distance:** 1.9 km/1.2 miles
- **Rating:** Easy
- **Trailhead GPS Coordinates:** 35.900568, -84.997103

Description

Park near park office, cross road onto ADA paved path.

-Stop along the way and read the kid friendly signs.

-At the first bridge look into the water at the fish "spawning beds."

-Cross the big 2nd bridge to the marina rental building, then return.

Driving Directions

The Cumberland Mountain State Park is very well known and there are plenty of road signs directing you to the park, which is about four miles south east of Crossville on Highway 127.

There is plenty of parking in the park but please do not park in the restaurant parking lot as that gets very busy at times. We suggest you park near the park office.



3. Obed River Park

- **Distance:** 3.1 km/1.9 miles
- **Rating:** Easy
- **Trailhead GPS Coordinates:** 35.974430, -85.046834

Description

- Park in the 2nd parking lot on the left.
- Follow the wide paved trail down and along the river
- As you pass the old dam, the trail winds slightly uphill and into open fields.
- Follow the path as passes through fitness stations near the Charleston Plantation apartments
- Loop at the end and retrace your path to your car.

Driving Directions

The entrance to the Obed River Park is off Highway 70 North, just past the County Fairgrounds and the Farmers Market about 2.5 miles from the center of Crossville.

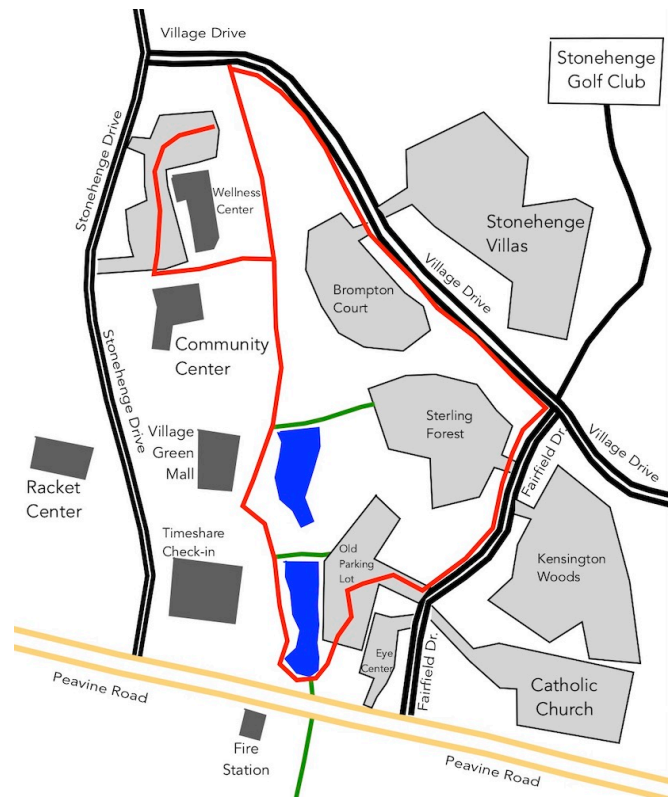


5. Fairfield Glade Paved Trail
- **Distance:** 2.8 km/1.7 miles
 - **Rating:** Easy
 - **Trailhead GPS Coordinates:** 36.012148, -84.886189

Description

Park at the lower far lot of the Fairfield Glade Wellness Complex.

- Walk through the parking lot towards the Community Center (CCC)
- Turn left and take the path between the CCC and the Wellness Center into the woods.
- At the intersection turn right and follow the path to behind the Village Green Mall.
- Continue toward Peavine Road going around Mirror Lake Pond, through the old parking lot and turn right toward Fairfield Blvd.
- Turn left on Fairfield Blvd. and follow the paved sidewalk to Village Dr., turn left.
- Notice the bluebird houses along your route. These nest boxes produced many new bluebirds this summer.
- Follow Village Drive to the paved path leading into the woods on your left. Turn left onto the path.
- At the path intersection turn right towards the Community Club and return to your vehicle.



Driving Directions

From the junction of Peavine Road and Stonehenge Drive, take Stonehenge. Drive north for 0.4 miles and turn right into the second entrance to the Wellness Center parking lot.